



Sanitary Regulations PZM – e-Winner of the 1 and 2 speedway league

Calendar of launching the competitions of e-Winner 1 Liga:

15.06-29.06 – for competitors and mechanics coming from abroad the beginning of obligatory 14-day long quarantine for the riders in the place of stay of riders and mechanics staying in Poland beginning of 14 day long isolation involving withholding to perform unnecessary activities outside the place of residence and staying at the indicated address – current observation of health of the riders and mechanics– referring earlier to tests in case of suspicions– medical form filled in everyday and analysed by Medical Team of PZM.

The provisions loses its force for the period of abandoning the obligation of quarantine on crossing the RP border, in accordance with commonly applicable law provisions in this respect or in case of granting the consent of the state bodies for free crossing the borders by the riders and mechanics of the speedway. The requirement of a 140 day isolation of the riders starting in the league remains in force.

30.06 - 01.07 – performing tests of riders, mechanics and training staffs and the functional persons and officials of PZM and the club

11.07 – starting the competitions of e-Winner 1 liga.

Schedule for launching the competitions of the 2 league:

20 – 26 .07 – for the riders and mechanics coming from abroad the beginning of the obligatory 7 – day quarantine of the riders in the place of stay for the riders and mechanics staying in Poland the beginning of 7-day isolation involving withholding any unnecessary activities outside the place of residence and staying at the indicated address – current observation of the health of riders and mechanics – earlier referral for tests in case of suspicions – medical form filled in every day and analysed by Medical Team PZM.

Loses its force for the duration of abandoning the obligation of the quarantine on crossing the RP border, in accordance with commonly applicable law provisions in this respect or in case of granting the consent of the state bodies for free crossing the border by the riders and mechanics of speedway. The requirement of 7-day quarantine remains in force for the riders starting in the league.

On **27.07** – performing tests of the riders, mechanics and training tams and persons functioning and officials of PZM and the club

– on **31.07** commencement of the competitions of the 2 league



Principles connected with commencing and conducting games:

1. In case of a suspicion of an infection on the basis of the clinical symptoms of a health condition of any member of the training team the immediate isolation takes place and reporting to the proper body; hospital or poviaste station of sanepid and conduct in accordance with the recommendation of the body (including full epidemiological interview and principles of isolation).
2. In the situation of a positive test for the presence of coronavirus such a person is excluded from the participation in further competitions until being healthy confirmed with a test.
3. Introducing monitoring of a health condition of riders directed to recognising the symptoms of being infected with a coronavirus 2019-nCoV by means of everyday filling in the form of disease symptoms taking into account, inter alia, reporting temperature in morning and evening hours, difficulty in breathing (e.g. cough, short of breath, cold), nausea, muscle pains, sleep disorders, conjunctivitis, smell and taste disorder, rash, effusions on feet form pattern constitutes the attachment to the regulations.
4. Introducing an obligation to test the temperature of the persons entering the zone of machine park during trainings and competitions by the Sanitary Commissioner or another authorized persons by the club. The persons with a temperature higher than 38 Celsius degree may not enter the machine park and participate in the training or competitions. In such a situation, the test should be repeated three times in the distance of 15 minutes in time. The decision of excluding the person from participation in the competition in made by the referee or the Jury of the competition, if appointed..

The entity managing is entitled in particular to:

1. demand to have the form of medical assessment filled in in connection with a risk of being infected with coronavirus 2019-nCoV by each person who is to participate in matches or trainings in any nature,
2. directing for tests the persons referred to in point 1,
3. directing for home isolation the persons referred to in point 1,
4. issuing all decisions connected with epidemiological safety of matches,
5. excluding from participation in matches and trainings each person in connection with a risk of being infected with coronavirus 2019-nCoV,
6. issuing and withdrawing the consent for participation by each person in matches or trainings in connection with a risk of being infected with a coronavirus 2019-nCoV,
7. demand to have the address of stay provided of each person who is to participate in matches or trainings,
8. make binding interpretation of provisions of these regulations,
9. make all decisions in issues not settled in the regulations.

Obligations of clubs participating in competitions:



1. provide the managing entity with all information on health condition of riders, mechanics and club officials in connection with a risk of being infected with a coronavirus 2019-nCoV,
2. appointing the Sanitary Commissioner,
3. performing provisions of the Sanitary Regulations,
4. performing unified marking of the zones in the facility in accordance with the GKSŻ guidelines,
5. training the persons working and cooperating with the club in the scope of basic principles of epidemiological safety during holding the competitions and trainings,
6. monitoring and informing the managing entity on health of club participants and coworkers of the club in connection with a risk of being infected with a coronavirus 2019-nCoV,
7. taking care so that the form of medical assessment in connection with a risk of being infected with a coronavirus 2019-nCoV was sent by the riders of the club staff and their mechanics or other persons upon the demand of the managing entity,
8. assuring the disposable gloves and masks for all persons participating in the match,
9. transferring immediately to the managing entity the information on referring to the quarantine or isolation, riders of staff of the club and their mechanics, workers or coworkers of the club by proper state sanitary authorities,
10. assuring thermometers for measuring temperature at the entrance to the zone of machine park before competitions and trainings,
11. performing measurement of temperature at the entrance to the zone of machine park before competitions and trainings,
12. assuring for the foreign riders the accommodation in Poland in case of applicability of provisions on obligatory quarantine.

Obligations of riders participating in the matches:

1. complying with the provisions of these regulations and state recommendations concerning staying in public places,
2. providing upon demand of the managing entity or the club the place of stay in Poland during the season,
3. staying in the indicated place in Poland in case of applicable provisions of obligatory quarantine until performing tests for the virus presence,
4. transferring to the club and the managing entity immediately the information on referring to the quarantine or isolation by the proper sanitary authorities (also in relation to the mechanics),
5. subordinating to the order to be referred to home isolation by the managing entity (also in relation to the mechanics),
6. subordinating to the order to be referred to tests for the presence of coronavirus by the managing entity (also in relation to the mechanics),



7. refraining from leaving the territory of Poland in the time when the quarantine is obligatory in its territory and also in the situation when in the target country of the travel there is quarantine applicable after entering the country,
8. everyday until recall, sending to the managing entity and the club by means of the Sanitary Commissioner the form of medical assessment in connection with a risk of being infected with a coronavirus 2019-nCoV,
9. indication of mechanics who will service him at the competition and assuring that they will comply with the principles of conduct established in these regulations in connection with the risk of being infected with coronavirus 2019-nCoV,
10. refraining between the matches and trainings from any activities in large groups of persons which is favorable for contact with coronavirus 2019-nCoV.
11. ***in case of the rider leaving (also mechanics or the persons from the team of the rider) from Poland during the season, after the return he could participate in trainings and competitions after presenting a negative result of the test performed at his cost for COVID19 with genetic method, PCR result.***- the test result should be presented every last day of the month until the end of the 2020 season.
12. **In addition GKSŻ will publish in the message the list of foreign branches, in which the start of the rider in the competition causes the obligation to perform at one's own cost the test for COVID19 with genetic method, PCR technique, with the accompanying team, not earlier than on the fifth day after the day of the competition and no later than until the eighth day after the competition.**
13. informing the managing entity on the planned leave of the rider (including also the mechanics or persons from the team of the riders) abroad (the obligation to pass information about the planned leave does not refer the leave to the competitions in which the rider is to start in accordance with the calendar FIM, FIME and international leagues); in case of failing to fulfill the obligation referred to in the preceding sentence, the rider (also mechanic or person from the team of rider) will be additionally, irrespective of the necessity to conduct the test, referred to in point 11, referred to 14 day home isolation and will be able to participate in trainings and competitions after its completion and also after presenting a negative result of the test performed at his cost for COVID19 with genetic method, PCR technique.
14. Complying with the sanitary recommendations in foreign trips to the competitions and during the competitions in accordance with Attachment no. 2.

Obligations for other persons (both delegated for the service of competitions or trainings by the club) participating in the competitions:

1. complying with the provisions of these regulations and recommendations of state authorities concerning staying in public places,
2. providing upon demand of the managing entity or the club the place of stay in Poland during the season,



3. staying in the indicated place in Poland in case of applicability of the provisions of obligatory quarantine until performing test for coronavirus,
4. transferring to the club and the managing entity immediately the information on referring to the quarantine or isolation by the proper sanitary authorities,
5. subordinating to the order to be referred to home isolation by the managing entity,
6. subordinating to the order to be referred to tests for the presence of coronavirus by the managing entity,
7. everyday until recall, sending to the managing entity and the club by means of the Sanitary Commissioner the form of medical assessment in connection with a risk of being infected with a coronavirus 2019-nCoV,
8. refraining between the matches and trainings from any activities in large groups of persons which is favorable for contact with coronavirus 2019-nCoV.
9. ***in case of the person leaving Poland during the season, after the return he could participate in trainings and competitions after presenting the negative result of the test for COVID19 performed at his cost, with genetic method, PCR technique. – the test result should be presented on each last day of the month until the end of the 2020 season.***
10. Informing the managing entity about the planned leave abroad (obligation to inform about the leave does not refer to the leaves for the competitions, in which the referee is to fulfill the functions in accordance with the FIM, FIME calendar); in case of failing to fulfill the obligation referred to in the preceding sentence, the person will be additionally, irrespective of the necessity to conduct the test, referred to in point 9, referred to a 14 day home isolation and could participate in trainings and competition after its completion also after presenting a negative test result performed at his cost for COVID19 genetic method, PCR technique.

Principles concerning third parties:

1. persons constituting the medical security are equipped and conduct by the applicable state provisions,
2. producer of the signal and editors and subcontractors of TV conduct by their own safety protocols with a reservation that in the zone of machine parks operate by the provisions of these regulations.

Consequences of failing to comply with the guidelines of epidemiological safety:

Failing to comply with the orders and instructions of the entity managing by the rider an every other person also failing to comply with the regulations, and in particular failing to comply with the principles of quarantine in case of applicable provisions of obligatory quarantine and the obligation of everyday sending the form of medical assessment in connection with the risk of being infected with coronavirus 2019-nCoV will result in withdrawal by the managing entity the consent to the rider



and every other person to participate in competitions until passing again the procedure of quarantine and test performed at his cost.

Conduct in case of obtaining a positive test result for COVID 19:

1. In case of ordering the performance of tests for COVID19 by the Club in its text as the recipient of the results of test there should be only placed: Sanitary Coordinator as the managing entity (sanitarny@pzm.pl), KdS (proper address of the electronic mail) and managing entity (dokumenty.zuzel@pzm.pl).
2. KdS sends the test result to the address: sanitarny@pzm.pl and the managing entity to the address: dokumenty.zuzel@pzm.pl in the ZIP file. The managing entity may establish another manner of transferring the test results about which it notifies the clubs in proper correspondence.
3. In case of positive test results for COVID19 the managing entity notifies immediately the proper Sanitary -Epidemiological Station sending the notification to the Club at the same time.
4. The only entity entitled to issue the public messages for the media concerning the results of the COVID19 tests conducted is only the managing body.
5. The Club is not authorised to issue any public messages concerning the results of tests without the consent of the managing body.
6. The Club is obliged to introduce internal procedures of information flow so that he could assure the confidentiality of this data as the deponent of the test result.

Disclosing the test results for COVID19 or presumption of disclosing of tests results by the Club shall result in instituting disciplinary procedure against the Club in accordance with the Disciplinary Regulations of PZM

Sanitary Commissioner:

1. Sanitary Commissioner (KdS) is appointed by the Club – organiser of trainings or competitions.
2. The person holding the function of KdS should possess basic knowledge on sanitary prophylaxis and procedure in the condition of epidemics by the guidelines of the Minister of Health and Chief Sanitary Inspector.
3. KdS should be present in the facility for the whole duration of the games and before the games (no later than 6 hours before but no earlier than at 7:00) and such time after the games which is necessary to fulfill all obligations.
4. KdS should be present in the facility for the whole duration of trainings organised by the club and before the training (no later than 2 hours before).



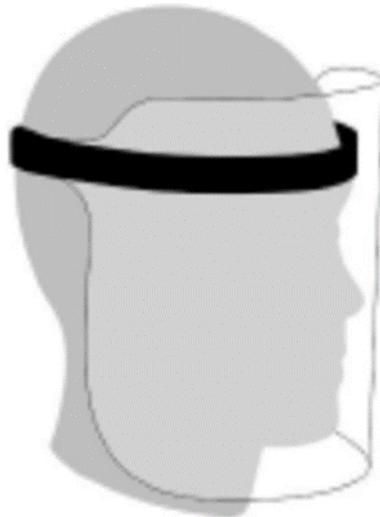
5. KdS shall fulfill his obligations in accordance with the provisions of these regulations.
6. KdS has the right to pay attention and give orders to all persons placed in the areas of the stadium resulting from the provisions of these regulations.
7. The obligations and rights of KdS include in particular:
 - 1) control of places of residence of riders, mechanics and persons from the training team for proper compliance with the sanitary orders,
 - 2) coordination of sending by the riders their mechanics and members of the training team the forms of medical assessment,
 - 3) supervision over the riders and their mechanics being in quarantine before the season, in case of applicable provisions of obligatory quarantine
 - 4) informing all persons present at the training and competitions on the methods of safe putting on and taking off the gloves and protective masks,
 - 5) control of staying in particular zones only authorised persons,
 - 6) control of equipping the zones with protective means before the training and competitions in accordance with these regulations,
 - 7) current supervision over the equipment and conduct of the persons in the scope of sanitary issues in all zones during the training and competitions,
 - 8) reporting to the referee of the competitions the persons who do not comply with his orders in the scope of complying with the regulations and in gross negligence cases applying for removing him from the stadium.
 - 9) Filling in the control list of the sanitary commissioner
8. The managing entity may order to KdS other obligations to be performed in the scope connected with sanitary regime.

Rights and obligations of the Sanitary Commissioner:

1. conducting and supervision over checking the temperature of the persons entering the park of machines,
2. reporting the deviations to the managing entity,

Masks and visors:

1. masks must be worn in the manner so as to cover the nose and mouth,
2. in cases listed in the regulations, one may invariably wear visors; the visor must be mounted on the head covering the whole face from the forehead to the beard inclusive



Trainings organised by the clubs:

For the whole duration of competitions, in the scope of trainings organised by the clubs, the following principles are absolutely applicable:

1. it is absolutely prohibited to use the cloakroom in the scope of changing room and bath – the prohibition refers to all participants: riders, mechanics and all other persons participating in the organization of the training in any way,
2. toilets in the cloakrooms may be made available for usage under the condition of their fencing in the manner preventing from the access to changing rooms and showers,
3. all rooms – including toilets – used during the training must be disinfected before and after the training,
4. all rooms used during the training must be equipped with:
 - containers with disinfectant,
 - bins,
 - containers with liquid soap (refers to toilets),
 - disposable towels (refers to toilets),
5. each rider comes to the training with his mechanics in one vehicle with the equipment, not more than three persons in the vehicle,
6. the equipment of a given rider must be transported separately from the equipment of other riders,
7. before leaving the place of accommodation, the rider and the mechanic put on gloves and masks and equipped in that way get into the vehicle,
8. after coming to the stadium the rider changes in his own bus into the regulation clothes, mask and protective gloves,



9. after coming to the stadium the mechanic changes in the clothes of the team and puts on mask and protective gloves,
10. for the whole training all persons work obligatory in masks and protective gloves,
11. keeping distance of 2 meters in each zone during the training – does not refer to the situations connected with performing the professional activities, e.g. between the riders on the track, between the mechanic and the rider in the situation at the equipment, etc. as well as entrance of the mechanics to the track, during the improvement of the equipment before the race, or the transport of a motor after the fall,
12. promoting and using the preventive methods: frequent washing hands or disinfecting hands, keeping distance,
13. prohibition to organize trainings in any form with riders from other clubs,
14. right for temporary stay in a given zone means that the person may stay in the zone only during performing obligations resulting from the existing event during the competitions and then returns to the zone in which he performs his obligations – the persons staying in a given zone temporary are not included into maximum capacity of a given zone.
15. from the moment of coming of the first rider participating in the training for the whole duration and leaving the machine park by the last rider participating in the training, in the machine park there can be exclusively persons staying with a negative result of test for COVID19 with genetic method, technique PCR. Current list of persons is conducted by the sanitary coordinator SE.

Zones for trainings:

1. Zone of park of machines.
2. Zone of track and boards inside the track *and safety zone*.
3. Zone of technical park.
4. Zone of tribunes.

1. Zone of park of machines.

Access to the zone is limited maximum up to 50 persons, including, i.a.:

riders of the club taking part in the training,
mechanics of the riders taking part in the training,
coach,
physical therapist,
Sanitary Commissioner,
electrician,
service of machine park gate (1 person),
service of methanol (1 person),



club mechanic (1 person),
and temporary:
physician or medic.
club photo reporter/ reporter TV PZM.

At the entrance to the zone of park of machines each person entering the zone must be subject to the examination of body temperature.

At each entrance to the zone of machine park there will be 2 containers with disinfectant. Each person moving between the zones disinfects the hands with disinfectant.

Separated posts for the riders must be placed in the distance of at least 2 meters from each other.

Each post of the rider must be equipped with the container with disinfectant, bin and disposable face towels.

Rider and his team – mechanics – during the training and competitions they stay together in an individual box with distance of 2 m from their teams.

The bikes used during the training must be disinfected before and after the training.

The tools necessary for the mechanics and riders must be disinfected before and after the training.

Obligatory procedure of tanking methanol:

- 1) mechanic – keeping the distance from other participants – brings the bike and turns on the container tap,
- 2) the person servicing the post of methanol pours the fuel,
- 3) mechanic turns off the container and goes with the bike to his box.

Mechanics and riders are prohibited to pour methanol independently. During tanking, at the post for tanking there can be only 2 persons placed.

In medical office during the review or providing first aid there can be only medics staying and the person injured.

In the workshop room there can be 2 persons staying maximum.

2. Zone of track and boards inside the track and safety zone.



During the trainings on the speedway track and inside the track the following can be placed:

up to four riders at the same time plus one functional person on the board inside the track,
service of start machine (2 persons),
coaches,
and temporary:
Sanitary Commissioner,
physician or medical rescuer
club photo reporter/ reporter TV PZM.

The persons staying inside the track keep the distance of 2m from each other.

3. Zone of technical park.

The zone of technical park is used for location of machines used for maintenance of the track and the ambulances of medical security for the training.

The persons authorised to stay in the zone of technical park:

Track master,
Tractor driver,
Watering can driver,
Ambulance crew,
and temporarily:
Sanitary commissioner.

The zone of technical park must be equipped with a container with disinfectant and bin.

The persons constituting medical security for the training have the right to enter the track and to the park of machines for providing necessary medical aid for the rider who was subject to an accident during the training.

Medical services will be equipped with means of individual protection defined in the guidelines for the medical rescue during epidemics, minimum a mask and protective gloves.

The remaining persons performing their obligations in the zone:

1. have no access to other zones except for the entering onto the track in maintenance vehicles of the track or for repairing fence around the track,
2. must be equipped with masks and protective gloves,



3. enter the stadium with a separate entrance and have an obligation of hands disinfection with disinfectant,
4. keep distance of 2 m from each other.

In case of changing the vehicle driver – tractor or watering can, the driver before getting into the vehicle has the obligation to disinfect hands with disinfectant.

4. *Zone of tribunes.*

The persons authorised to stay in a separated zone for the press in the zone of tribunes:

Journalists/photo reporters – up to 5 persons (up to 30 persons in case of matches played with the public).

Separated zone for the press will be subject to restrictions defined below:

1. each place for the press will be separated from each other by at least 2 m,
2. the persons staying in the zone have no access to other zones during the competitions,
3. the persons performing their obligations in the zone will be supplied with the masks and protective gloves,
4. the persons performing their obligations in the zone enter the stadium with a separated entrance at which they will be obliged to disinfect hands with disinfectant.

Crossing the persons in the zones during training:

In case of special circumstances, few functional persons appointed may have the necessity to move temporarily to another zone due to the nature of the obligations performed or for reaction to the event during the training.

The persons authorised to move between the zones:

1. Sanitary Commissioner:
 - Zone of machine park,
 - Zone of track and board inside the track and safety zone,
 - Zone of technical park.
2. functional persons from technical park:
 - Zone of track and board inside the track and safety zone – exclusively in the maintenance vehicles of the track or for repairing the fence around the track.



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3. ambulance of medical security exclusively in case of necessity of medical provision of riders:
 - Zone of track and boards inside the track and safety zone,
 - Zone of machine park.



Matches:

The matches may take place with participation of the public, in limited number, in accordance with the state provisions.

Each match will be serviced by the team necessary for the service reported to GKSŻ, trained in sanitary regime and equipped with basic means of personal protection by the organiser's club.

For the duration of the match, in the facility there will be non-crossing zones appointed.

For the whole duration of the games, the following principles are obligatory:

1. using the cloakroom is absolutely prohibited in the scope of changing room and bath – the prohibition refers to all participants: riders, team members, officials and functional persons and all other persons in any manner participating in the organization of competitions,
2. toilets in the cloakrooms may be made available for usage under the condition of their fencing in the manner preventing from the access to changing rooms and showers,
3. all rooms – including toilets – used during the match must be disinfected before and after the match,
4. all rooms used during the training must be equipped with:
 - containers with disinfectant,
 - bins,
 - containers with liquid soap (refers to toilets),
 - disposable towels (refers to toilets),
5. due to limitation of the persons in the zones, the rider is entitled to two mechanics,
6. each rider comes to the match with his mechanics in one vehicle with the equipment, not more than three persons in the vehicle, the entrance to the facility exclusively for the persons coming with their own vehicle, are prohibited to the members of guests and hosts are not slowed to come individually to the facility, outside the vehicle,
7. the equipment of a given rider must be transported separately from the equipment of other riders,
8. before leaving the place of accommodation, the rider and the mechanics put on masks and protective gloves and they enter the vehicle in this way,
9. after coming to the stadium the rider changes in his own bus into the regulation clothes, mask and protective gloves,
10. after coming to the stadium the mechanic changes in the clothes of the team and puts on mask and protective gloves,
11. for the whole training all persons work obligatory in masks and protective gloves,
12. each member if the training staff and each functional person come to the place of accommodation with his own transport,



13. before leaving the place of accommodation each person from the training team and each functional person puts on mask and protective gloves and equipped that way gets into the vehicle, ,
14. after coming to the facility, each member of the training team and each functional person puts on mask and protective gloves,
15. after coming to the facility, at the entrance each person is granted the ID on the basis of the name list sent by the team of the guests and the television by means of GKSŻ – the organiser is entitled to identify the persons coming for confirming the identity keeping
16. the riders are prohibited to leave to the track after completing the match,
17. keeping the distance of 2 meters in each zone during the match – does not refer to the situations connected with performing the professional activities, e.g. between the riders on the track, between a mechanic and the rider at the equipment, etc. as well as entering the mechanics onto the track, during the correcting the equipment before the race or transport of the motorcycle after the fall.
18. promoting and using the preventive principles: frequent washing hands or disinfecting hands, keeping the distance,
19. right for temporary stay in a given zone means that the person may stay in the zone only during performing obligations resulting from the existing event during the competitions, and then returns to the zone, in which he performs his obligations – the persons staying in a given zone for some time are not included to the maximum capacity of a given zone.

DIVISION OF THE STADIUM INTO ZONES

For the duration of the match the speedway facility is divided into zones. Due to its specificity, the facility may have separated independent zones, in which there will be no more persons gathers at a time than 150 persons – does not refer to the zone of tribunes or the zone of transmission cars.

Zones for riders:

1. Zone of machine park (min. 1000 m²) – up to 70 persons.
2. Zone of track and boards inside the track and safety zone (min. 12000 m²) – up to 20 persons.
3. Zone of referee tower– up to 20 persons.
4. Technical park zone (min. 500 m²) - up to 20 persons.
5. Tribune zone– up to 30 persons connected with the match organisation.
6. Zone of transmission vehicles– up to 40 persons.

1. *Zone of machine parks.*



Zone of machine park constitutes the car park for the buses of riders/mechanics and training teams and is the place where during the competitions the riders stay, training teams and the functional persons for the technical service of the games. The access to the zone is limited to the strict group of persons – not more than 70 including:

Head of the games,
Track commissioner,
Head of machine park,
Head of the host team,
Coach of the host team,
manager of host team,
physical therapist of host team,
Head of guest team,
Coach of guest team,
manager of guest team,
physical therapist of guest team,
Physician of guest team,
Sanitary Commissioner,
Service of the car park gate (1 person),
Service of methanol (1 person),
Riders of the host (8 person),
teams of host (16 persons),
Teams of the host (8 persons),
teams of guests (16 persons),
TV realization (4 persons),
Representative of the organiser club/president of the management board of the organizer club,
President of the management board of the club of guest team, Technical Commissioner
And temporarily:
Referee of the games,
Physician of the games,
Ambulance teams,
Photo reporter,
Secretary of the games.
Chairman of Competition Jury / GKSŻ Delegate.
Reporter or photo reporter TV PZM.

At the entrance to the zone of machine park each person entering the zone must be subject to temperature measurement.

At each entrance to the zone of machine park there will be 2 containers placed with disinfectant. Each person moving between the zones disinfects hands with disinfectant.



Separated posts for riders must be placed in distances of at least 2 meters from each other.

Separated zones of teams must be separated permanently from each other.

Each post for the rider must be equipped with a container with disinfectant, bin and disposable face towels.

Rider and his team - mechanics – during the training and the competitions they stay together in an individual box with keeping the distance of 2 m from other teams.

The bikes used during the training must be disinfected before and after the training.

The tools necessary for the mechanics and riders must be disinfected before and after the training.

During the sessions of the coach with riders, there must be distance kept of 2 m between the participants of the session.

On the platforms for reviewing the riders the persons placed there must keep the distance of 2 m from each other.

In case of using separate parts of the tribunes for watching the competitions, at the tunnel of the machine park, there must be two zones prepared on the opposite parts of the tunnel (one for each team) each of them must have the area of minimum 24 m², in each of them there can be at the same time not more than 6 persons from each team. Additionally on both sides of the park machine there must be a min. 10 meter buffer zone indicated covering the zone of tribunes, preventing from the access and moving around in the zone of viewers and unauthorised persons.

The phone box must be equipped with a container with disinfectant.

In the phone box there can be only person staying and only during the phone call. After entering the phone box each person must disinfect hands. During phone calls the box must be open.

Obligatory procedure for tanking the methanol:

1. mechanic – keeping the distance from other participants – brings the bikes and turns on the tap of the container,
2. the person servicing the post of methanol pours the fuel,
3. mechanic turns off the container and goes with the bike to his box.



Mechanics and riders are prohibited from independent pouring the methanol. During tanking, at the tanking post there can be 2 persons in total staying.

The race office may not be placed in the room in the club generally accessible building except for indicated zones. In such a case one should agree with SE alternative place for competition office in the zone of machine park or referee tower.

For 6 hours before the competitions and for the whole duration of the competitions in the zone of machine park there can be exclusively persons staying with negative test result for COVID19 with genetic method, technique PCR. Current list of persons is conducted by the sanitary coordinator GKSŻ.

For 6 hours before the competitions, using the sanitary provisions of the regulations, the access to the zone of machine park is allowed for the officials of PZM/ GKSŻ, functional persons of the competitions' organizer, functional persons of teams and TV service. The competitions of both teams and their teams have access for 3 hours before competitions.

In the race office there can be maximum four persons: referee of the games, head of games and heads of teams. These persons must have masks on and protective gloves. If the area of the race office allows for that, the distance of 2 m should be kept between persons.

In the medical office during the review or providing first aid there can be only medical service and injured person staying.

In case of a protest to the capacity of the engine, in the workshop room in which the disassembly of the engine is performed for the measurement of capacity there can be maximum 2 persons staying.

The persons watching the games in w mix zone TV must keep the distance of 2 meters between each other.

The head of the team before attaching the magnets with the surnames to the board for the nominated runs, must disinfect hands with disinfectant.

TV editor conducting interviews with riders on the wall will ask questions from the distance of 2 m e.g. with the use of microphones on the stand.

The interviews with riders after the match in mix zone TV should be conducted with the preservation of a distance of 2 m between the persons placed in the mix zone TV.



After the competitions, the machine park is left immediately by – in a sequence:

- after the completion of the match the riders and both teams with equipment,
- after the completion of the press TV conference the riders who completed interviews in Mix Zone TV with their teams.

Until leaving the machine park by all persons included in the composition of both teams, no unauthorised persons are allowed to enter the machine park, in particular the persons without negative result of tests for COVID19 with genetic method, technique PCR.

After completing the TV press conference in the machine park the disassemblies of the TV equipment are started conducted by the persons from the TV service with negative result test for COVID19 with genetic method, technique PCR.

After the completion of disassemblies of the TV equipment and leaving the machine park by all persons included in the composition of both teams the disassemblies of the organiser start.

2. Zone of track and boards inside the track and safety zone.

On the board inside the track there are persons permanently staying connected with signaling and service of the speedway track in a total number of not more than 20 persons, including:

Head of start,

Assistant of head of start,

Bike Bringing persons (5 persons),

Physician of the games,

medical rescuers

bend men (6 persons),

TV realization (3 persons),

And temporarily:

Referee of the games,

Track commissioner,

Physician of the guest team,

Track commissioner,

Photo-reporter/ reporter or photo reporter TV PZM,

persons presenting commercial banner (2 persons),

Invariably coach or head of each team,

Games mechanics,

Track service – taking the equipment off after the accident

Representative of the organiser/president of the management board of the organiser club.

Chairman of the Jury of Competition/ GKSŻ Delegate.



Up to 10 minutes before the start of the tract trial it is allowed for the riders of the teams to stay on the track with one mechanic from team of each rider with a coach (so called "track round") -each team separately - provided the riders and the coach are wearing protective masks / visors and gloves and the distance of 2 m is preserved between the riders.

All persons on the track must be equipped with masks and protective gloves. Distances between the persons amount to 2 meters minimum.

On the board inside the track there can be two operators staying and TV cameraman of the television broadcasting the games.

The entrance onto the board inside the track takes place before the entrance.

On the position of the start head there must be a container with disinfectant.

Before using the phone placed on the post of the head of start, the hands must be disinfected.

The persons working on the board inside the track do not pass through the machine park z (except for those who have the right to stay in the machine park).

The riders are not allowed to leave, as well as their mechanics and persons from the training staff to the public after competitions.

3. Zone of referee tower.

The persons authorised to stay in the zone in a total number of up to 20 persons including::

Referee of the games,
timekeeper,
games secretary,
speaker,
DJ,
Telebim serviceman,
4 TV persons,
Camera operator,
radio commentators (up to 3 persons),
electrician.
And temporarily
Chairman of Jury of the Competitions/ GKSŻ Delegate.



The places for performing the tasks of the officials must be in the distance of 2 m from each other minimum or separated with plexiglass.

The zone of the referee tower must be equipped with disinfectant and a bin.

Persons working in a direct vicinity of the referee of the competitions must possess negative result of tests for COVID19 with genetic method, technique PCR. Each time on referring such persons for test, the entity managing decides, taking into account the specificity of a given facility.

The persons working in the zone (not applicable to the referee and games secretary) enter the stadium with a separated entrance, at which they will be obliged to disinfect hands with disinfectant.

The persons working in the zone do not pass through the machine park (except for the referee and games secretary).

The persons working on the referee tower do not have the right of access during the games to the zone of machine park and the board inside the track (except for the games referee).

All persons must be equipped with masks and protective gloves.

The referee pulpit and all devices in the referee room should be additionally disinfected after completing the assembly of the equipment by TV i.e. per min. two hours before the commencement of the competitions.

4. Zone of technical park.

The zone of technical park is used for location of the machines used for the maintenance of the track in the breaks between the races and ambulances of medical security of the games. The persons authorized to stay in the zone of machine park in a total number up to 20 persons, including:

Track master,
Tractor driver,
Watering can driver,
Team for gate repair (4 persons),
Ambulance team (9 persons),
And temporarily:
Sanitary Commissioner,



Track commissioner,
Games head,
Games referee,
Representative of the organiser/president of the management board of the organizer club
Chairman of the Jury of the Competitions/ GKSŻ Delegate.
The zone of technical park must be equipped with a container with disinfectant and a bin.

The persons constituting the medical security of games – in the form of service of two (three in case of matches with public) ambulances of S type – they have the right during the competitions and the training to enter the track and into the machine park for providing necessary medical aid for the rider who experienced accident during the games or the training.

Medical services will be provided with means of individual protection defined in the guidelines for the medical rescue during the epidemics, minimum mask and protective gloves.

The remaining persons performing their obligations in the zone:

1. have no access to other zones during the games except for the entering the track in the maintenance vehicles of the track or for repairing the gate around the track,
2. must be equipped with masks and protective gloves,
3. enter the stadium with a separate entrance and have the obligation to disinfect hands with disinfectant,
4. have no contact with the persons staying in other zones,
5. keep the distance of 2 m between each other.

In case of a changing of the vehicle driver – tractor or watering can, the driver before the entrance into the vehicle has an obligation to disinfect hands with disinfectant.

5. Zone of tribunes.

The persons authorised to stay in the zone of tribunes and safety lane in a total number of 30 persons including (60 in case of matches played with the public) connected with the match organisation, including:

TV realization (20 persons),
journalists (up to 5 persons or 30 persons in case of matches played with the public),
and temporarily:
Sanitary Commissioner,
Photo-reporter,
Representative of the organizer/president of the organizer club.



and in the zone of tribunes the public in the number consistent with the state provisions.

In the zone of tribunes, under the referee tower there will be cameras and camera operators placed used for broadcasting as well as television table studio (commentator studio may be on referee tower). The working posts must be separated from each other 2 meters minimum.

The persons working in the zone have no access to other zones during the competition.

The persons performing their obligations in the zone must be equipped with masks and protective gloves.

The persons working in the zone will enter the stadium with a separate entrance at which they will be obliged to disinfect hands with a disinfectant.

Optionally there is a possibility to separate except for the sector located under the referee tower, a zone for the press with capacity up to 5 persons:

1. each press post will be separated from each other at least 5 m,
2. persons staying in the zone have no access to other zones during the games,
3. persons performing their obligations in the zone will be equipped with masks and protective gloves,
4. persons performing their obligations in the zone enter the stadium with a separate entrance, at which they will be obliged to disinfect hands with a disinfectant.

In the tribune zones there can be places made available in the number consistent with the state provisions. Detailed provisions concerning the organization of entrances, staying and sanitary security of matches with the participation of publicity are contained in the Attachment number 1 to these regulations.

6. Zone of transmission vehicles.

In the zone of transmission vehicles, there will be technical means placed allowing for conducting television broadcasting.

In the zone of transmission vehicles there will be maximum 40 persons working.

The job posts will be separated from each other of minimum 2 meters.

The persons staying in the zone have no access to other zones during the games.



The persons performing their obligations will be equipped with masks and protective gloves and will enter the stadium with a separate entrance at which they will be obliged to disinfect hands with disinfectant.

Facility security:

The workers of security will secure the sport facility against the access of unauthorised persons.

The placement of the security will depend on the specifics of the facility mainly at the external fencing and entrances to the particular zones. The plan of placement of the services will be agreed with GKSŻ.

Working posts will be separated from each other of 2 m minimum.

The security will have no access to other zones during the games.

The persons performing their obligations will be equipped with masks and protective gloves.

In case of necessity to enter the stadium, the entering will be conducted in a separate entrance, at which they will be obliged to disinfect hands with disinfectant.

Crossing of persons in the zones:

In case of special circumstances, few functional persons appointed may have the necessity to move temporarily to another zone due to the nature of the obligations performed or for reaction to the event during the games.

The persons authorized to move between the zones:

- a. referee of games:
 - Zone of machine park,
 - Zone of track and boards inside the track and safety zone,
 - Zone of referee tower,
 - Zone of technical park,

- b. Sanitary Commissioner
 - Zone of machine park,
 - Zone of track and boards inside the track and safety zone,
 - Zone of tribunes and safety lane,
 - Zone of technical park,
 - Zone of referee tower,



- c. track commissioner:
 - Zone of machine park,
 - Zone of track and boards inside the track and safety zone,
 - Zone of technical park,

- d. head of games:
 - Zone of machine park,
 - Zone of track and boards inside the track and safety zone,
 - Zone of technical park,

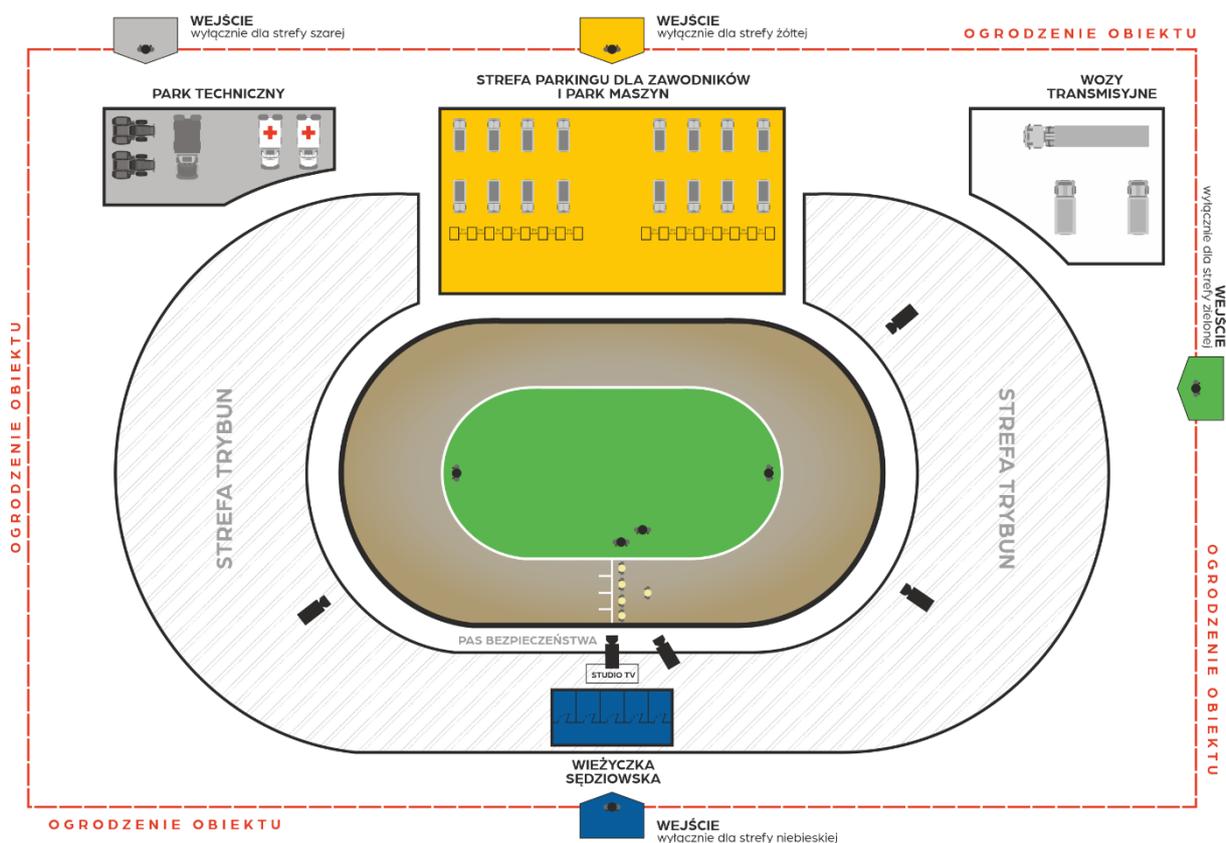
- e. functional persons from technical park:
 - Zone of track and boards inside the track and safety zone – exclusively in maintenance vehicles or for repairing the fence around the track,

- f. ambulances of medical security exclusively in case of necessity to provide with medical devices for the riders:
 - Zone of track and boards inside the track and safety zone,
 - Zone of machine park,

- g. technician of TV broadcasting:
 - Zone of machine park,
 - Zone of tribunes and safety lane,
 - Zone of referee tower.

- h. Chairman of the Jury of the Competitions/ GKSŻ Delegate
 - Zone of machine parks,
 - Zone of referee tower,
 - Zone of the track and the board inside the track and and safety zone,
 - Zone of technical park.

Visualization of match and training zones:



Attachments:

Attachment number 1: Sanitary guidelines concerning the zone of tribunes for the matches with the participation of the public.

Attachment number 2: Sanitary guidelines of behavior during foreign trip to the competitions and during competitions.